

Lingam Him

www.strokesmassage.com

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Certified Acupressure / Sensual Massage Practitioner

Certified Skin Care Professional

Certified Equine Therapist





Your Journey Starts Here

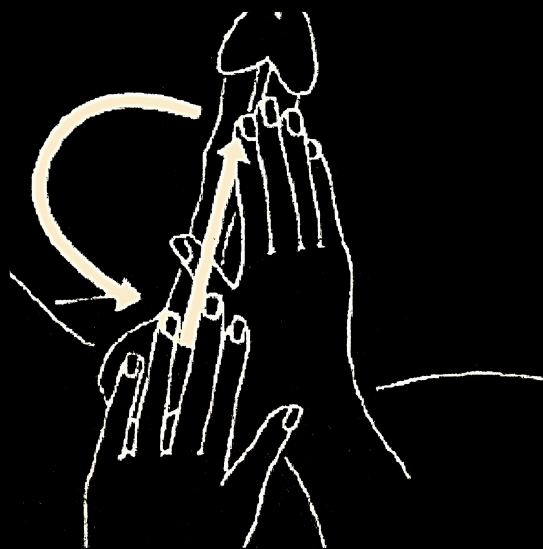
Introduction

PG. 1

Designed for couples who want to learn or experience meaningful connections through communication, massage, and relationship intimacy.

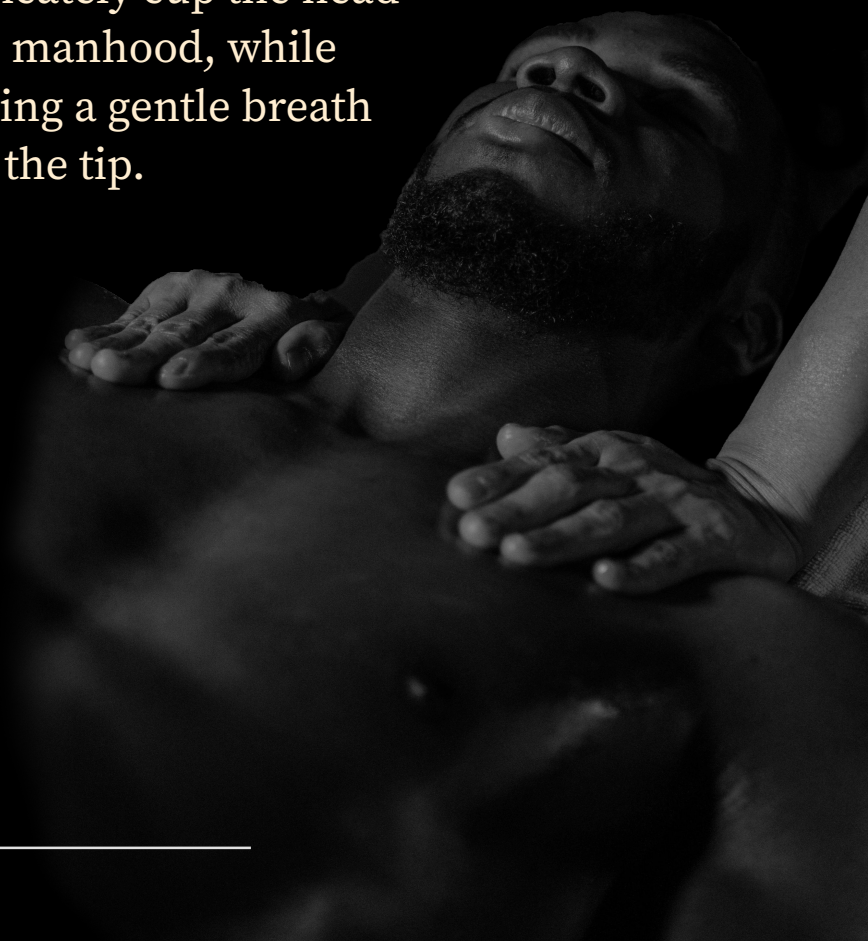
Get Your Pistons Firing

Start with one hand on the testicles and the other on the shaft. Massage towards the tip, alternating hands, caressing across the stomach. Repeat 10+ times.



Blow Hard and Hot

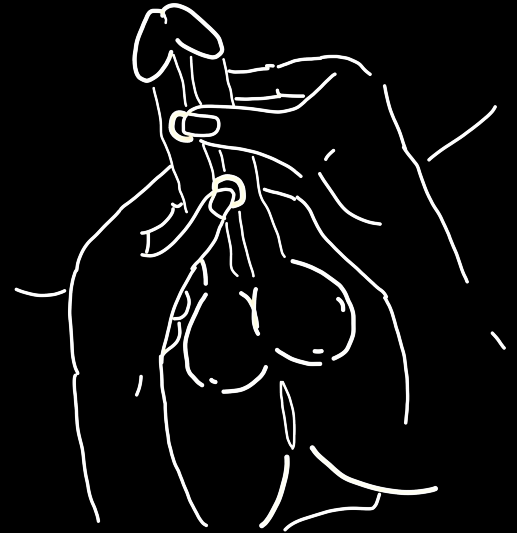
Encircle both hands around the shaft, ensuring to delicately cup the head of his manhood, while exhaling a gentle breath upon the tip.



The Press & Release

Start at the base of the shaft, gently press the penis with your thumbs and index fingers. Repeat moving up the entire shaft.

Note: A full hand grip may also be used



Thumbs Up Skiing

Grasp the sides of the shaft with both hands using your thumbs to press upwards, alternating up and down from the base to the tip. Keep contact at all times.

